

Psychosynthesis as a core coaching psychology

Psychosynthesis Coaching Limited

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Agenda

- Our context: meeting evolutionary challenges
- Group check-in
- What do we mean by psychosynthesis as a leadership coaching psychology?
- Barriers to psychosynthesis coaching becoming more widespread?
- How can we adapt and develop psychosynthesis coaching?



Challenge

Involve

Engage



Where is the evolutionary edge in society today?

Evolution

Transformation

Change

Development



Where is the evolutionary edge in society today?

Society

Globalisation

Leadership

Organisations

Culture

Coaching

Community

Education

Psychosynthesis

Development

Environment



Health and well-being Wholeness Purpose Being



Group check-in

Why are you here today?

Your experience of psychosynthesis and coaching and leadership in your country?



What do we mean by psychosynthesis as a leadership coaching psychology?



Coaching

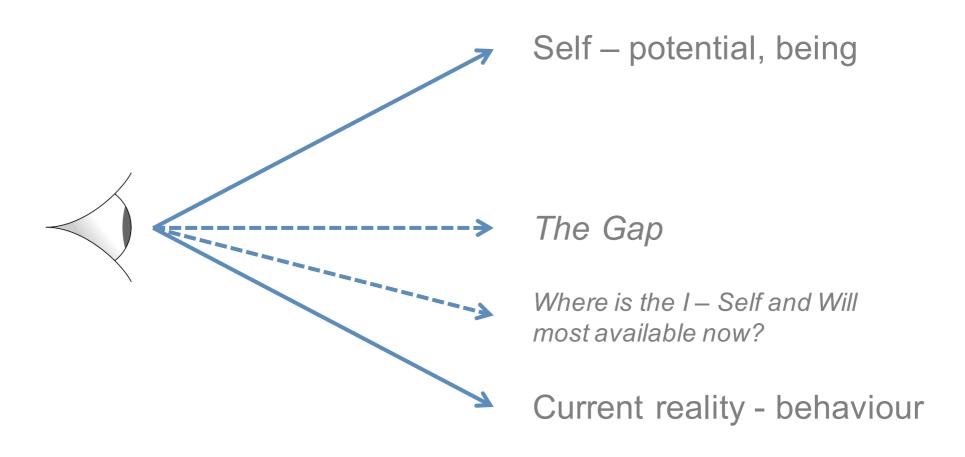
Therapy



Trifocal vision and right relations as our coaching context

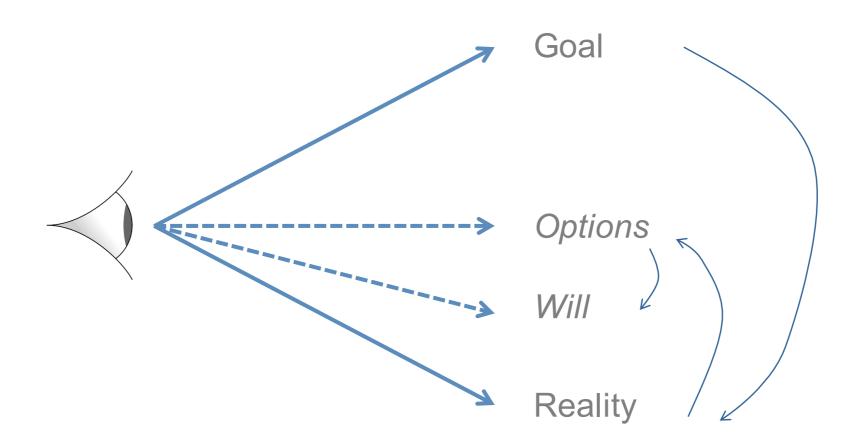


Trifocal Vision



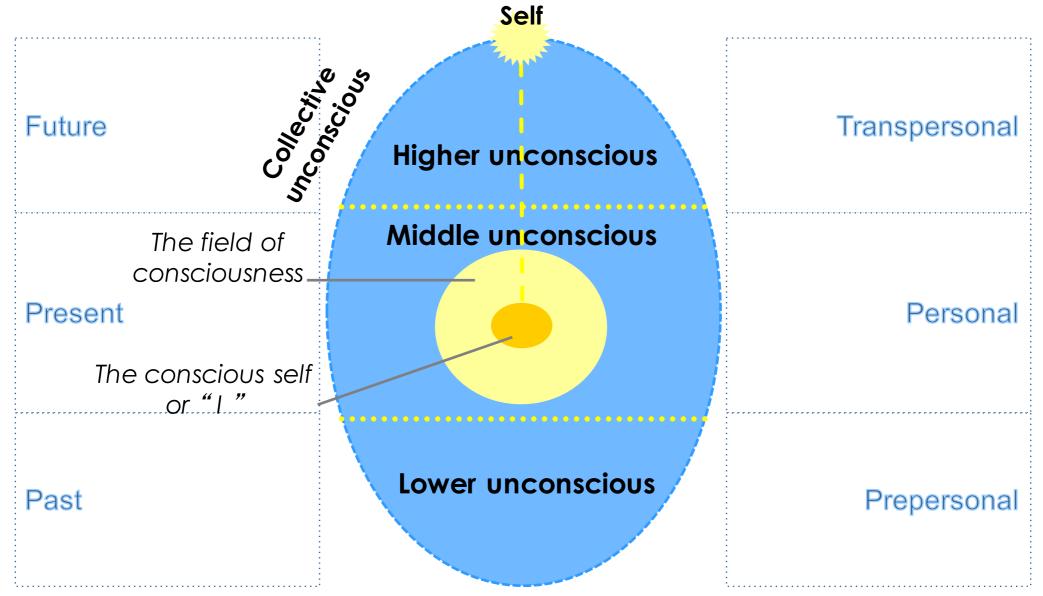


Trifocal Vision and GROW





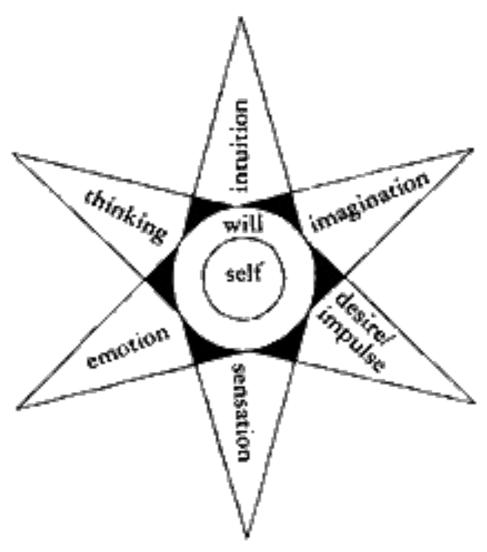
Structure of the psyche – Roberto Assagioli



Adapted from Roberto Assagioli, Act of Will (1974)

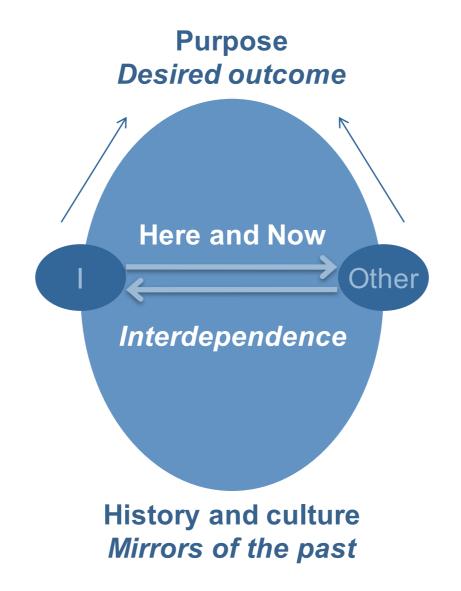


Psychological functions – Roberto Assagioli



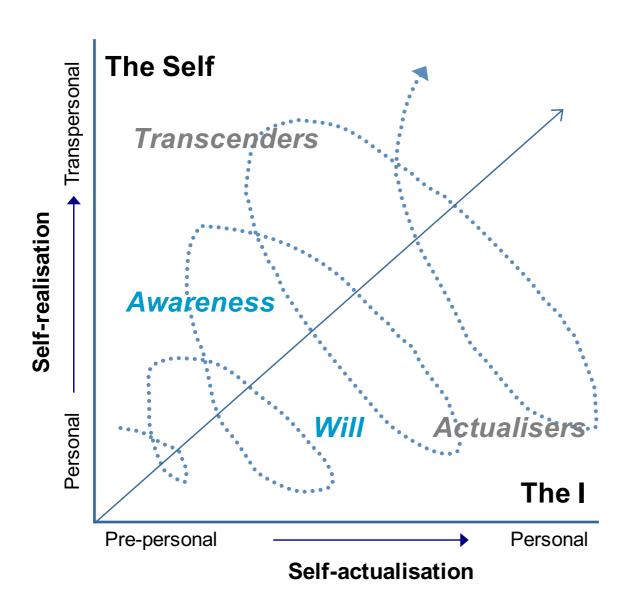


Right Relations Model



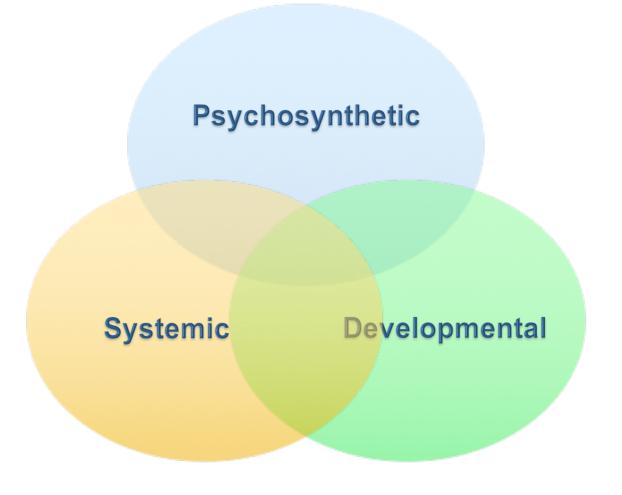


Personal development pathways





Leadership coaching – three key perspectives





Focus of psychosynthesis coaching

Future and goals

Self and being

Current reality

Self-actualisation

Increasing options

Self-realisation

Releasing Will

Inner-outer



What are the barriers to psychosynthesis coaching becoming more widespread?

With... coaches, organisations, psychosynthesis?



Thank you

