

Post-Graduate Certificate in Psychosynthesis Leadership Coaching

Five-month coach development programme: *London (King's Cross)*: starting September 2017 & February 2018

Are you ready to take your coaching practice to the next level?

Do you want to...

- ✓ Gain a solid grounding in the basic skills, principles and models of coaching
- ✓ Become certified as a coach with an academic qualification and professional accreditation (APECS)
- ✓ Embed your learning through plenty of practice in a safe environment

PLUS

- ❖ Build psychological mindedness and developmental awareness
- ❖ Work on your own personal development and emotional mastery
- ❖ Explore and experience the field of psychospiritual psychology

The Post-Graduate **Certificate in Psychosynthesis Leadership Coaching**, validated by **Middlesex University**, gives you all this in a five-month, part-time course.

Five 3-day training workshops (Friday-Sunday), are held over five consecutive months. The pre-requisite is to have attended the **Fundamentals of Psychosynthesis** (4 days), or an equivalent introduction to Psychosynthesis, e.g. **The Essentials** at the Psychosynthesis Trust.

These are supported by **self-directed learning activities**, including reading, self-reflection, peer-coaching, tutor supervision and written papers.

This evolutionary programme goes beyond conventional performance and behaviourally oriented approaches. Suitable for internal and external coaches, both experienced and those new to the role.

The workshops are highly practical, experiential and focused on giving new coaches the basic skills they need and more experienced coaches an opportunity to integrate their learning with new perspectives.

What participants on the first programme said...

"This has been by far the most powerful learning and growth experience of my career since I first became a coach..."

"The course met all my personal objectives and now I'm in a much stronger place personally and professionally"

"Loved the course! You created a wonderful alchemical flask for our transformation"

Programme Elements

Five-month Professional Development Programmes

Next dates:

Programme 4: 15 - 17 Sept 2017, 13 - 15 Oct, 10 - 12 Nov, 8 - 10 Dec, 12 - 14 Jan 2018

Programme 5: 16 - 18 Feb 2018, 16 - 18 Mar, 20 - 22 Apr, 18 - 20 May, 15 - 17 Jun

Programme 6: 21 - 23 Sept 2018, 19 - 21 Oct, 16 - 18 Nov, 14 - 16 Dec, 18 - 20 Jan 2019

Fundamentals of Psychosynthesis (pre-requisite) next dates: 8 - 11 September 2017, 10 - 13 November 2017, 26 - 29 January 2018

Fees

Corporate/large organisation: **£4950 + VAT**

Small practice/independent: **£3960 + VAT**

+ Fundamentals of Psychosynthesis: **£350**

Core learning elements:

1: **Foundations of Psychosynthesis Leadership Coaching** – basics of psychosynthesis coaching; context, method, models, skills and tools

2: **Agendas in Leadership Coaching** – the organisational and leadership context; working with outer and inner agendas, including purpose, meaning, values and crisis

3: **Coaching Psychology** – working at three psychological levels with the client; prepersonal, personal and transpersonal

4: **Leadership Development** – coaching interventions, leadership development domains, working with mindsets and subpersonalities

5: **Challenges of Leadership Coaching** – practical, personal and organisational; 5DL, our core model of inner leader development; introduction to systemic coaching and constellations.

*The **agendas and issues** that leaders bring to*

"The rich resources provided by the team have been incredible"

"The breadth of vision overall was stupendous"

"It's been a seriously refreshing and awakening experience to me as a coach. I've done others, but this has been the course that has set me up professionally"

"...the opportunity to work at two distinct levels: the intellectual level and the 'soul' level i.e. working with thy dynamic process of 'self' as an instrument. Very powerful learning combination."

coaching have both an outer and an inner dimension. Working with your clients on the inner dimension requires a **psychological mindedness** founded on profound self-awareness, which is what we help you develop on this course.

Outcomes and take-aways

- ❖ Professional coaching **Certification** and **Qualification** academically-backed by Middlesex University
- ❖ Professional **Accreditation** through option for fast-track Professional Membership of APECS
- ❖ Solid foundations in the **principles, skills, model and tools** of leadership coaching
- ❖ Grounded understanding of the **Psychosynthesis context and method** of coaching
- ❖ Enhanced ability to work **psychologically** as a coach and a deeper awareness and understanding of **human behaviour** and **development**
- ❖ Understanding of **organisational dynamics** and the **leadership agendas** that are brought to coaching
- ❖ **Personalised plan** for your on-going personal and professional development as a coach

What is Psychosynthesis?

Psychosynthesis is an integrative, holistic, *depth* and *height* psychology that builds upon the foundations of psychoanalytic, Jungian, humanistic and developmental psychologies.

What is our approach to learning?

- Mastery in coaching involves **Personal and Professional Development**. The course is about what it means to **be a leadership coach**, as well as what a leadership coach **does**.
- Wide **mix of learning activities**, including skills practice and role modelling alongside theoretical and experiential learning
- **Supervised peer learning practice** sessions, with frequent opportunities to witness how other people coach
- Case **clinics and fishbowls** to learn collectively as a group about what works.

How do I enrol?

For more information on the coaching course go on-line at:

<http://www.psychosynthesiscoaching.co.uk>

or contact:

Aubyn Howard at aubyn@psychosynthesiscoaching.co.uk or on 07801861416,

or Paul Elliott at paul@psychosynthesiscoaching.co.uk or on 07967302971

To enrol for the course, please complete our on-line application at:

Who leads the course?

Psychosynthesis Coaching has been set up by two experienced coaches and psychosynthesis practitioners, Aubyn Howard and Paul Elliott, who lead the course supported by a team of experienced leadership coaches, to give students different role models to engage with and learn from.

Aubyn Howard

MSc in Change Agent Skills and Strategies with HPRG at Surrey University (1999).

Aubyn has 30 years experience as a management consultant, facilitator and coach, bringing about

transformational change and leadership development by working closely with senior leadership teams.

Trained with the Institute of Psychosynthesis between 2000-2004. BSc Economics, PG Certificate in Education, Certified Spiral Dynamics and NLP practitioner and APECS Accredited Executive Coach.



Paul Elliott

MA in Applied Psychosynthesis, BTech, MCIPS. Paul had a



<http://www.psychosynthesiscoaching.co.uk/psychosynthesis-leadership-coaching-application-form/>

*The course gives you the **professional handrails** and **personal confidence** you need to coach senior leaders*

Course validated by:



The CPD Standards Office
CPD PROVIDER: 21290
2015 - 2017
www.cpdstandards.com



successful career in manufacturing over 28 years and held leadership positions in The Hawker. Siddeley Group, Ebac Limited and Rolls-Royce plc. In 2002 he pursued an independent consulting and coaching career and studied at the Institute of Psychosynthesis from 2003 to 2007. Since then he has developed a successful Coaching Practice working with senior leaders in a variety of organisations. APECS Accredited Executive Coach.

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