

- Shoulds vs Want/Purpose. ^{Shoulds} ^{+ coulds}
Other options? + Choice.
- Making a plan (once made a decision) or to achieve a vision
- Will - Where was the will
- Activation of will + Boundaries
- Head - Heart - Gut
- Habits - changing, starting, understanding
- Trust + belief - that change is obtainable.
- Interconnectedness of aspects
- Self sabotage - Personality.
- Action versus reaction
responsibility + agency.
- Authenticity

- Time

-	<table border="1"><tr><td>Internal</td></tr><tr><td>Inner</td></tr></table>	Internal	Inner	+	<table border="1"><tr><td>External</td></tr><tr><td>Outer</td></tr></table>	External	Outer
Internal							
Inner							
External							
Outer							
	Intrinsic	+	Extrinsic				
	Being	+	Doing				
	Heart	+	Will				

- Conscious + Unconscious

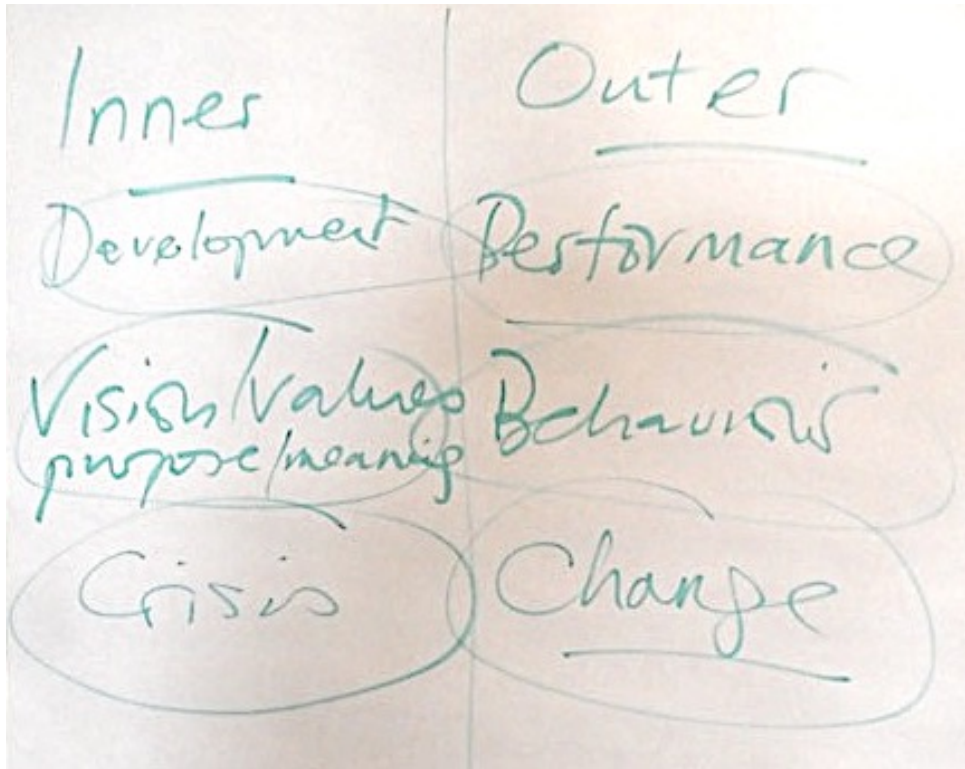
- Flexibility + Structure

Flow + Struggle

Energy + Form

Process + Control

(Hierarchy + Consensus)



World view - Paradigm

- Can't solve problem from within problem
- Way of seeing world
- Culture + History
(grows up in or live in)
- Underlying beliefs
- Frame within which we see things
- Meaning making context
- External influences / system
- Individual + Collective
- Making sense of things
= Individual meaning.
(+ Collectives or Mindset)
- Perception - Difference

What does Leadership mean to you

- Support, serve, nurture, holding a space
- Inspire, vision
- Making change happen (improving things)
- Innovative & persuasive
- Authentic (Human instinct & Nature!)

Why is it important Now?

- Education
- Technology
- Global scale challenges & Potential

Why leadership coaching

- Support & development (helping others)
- Scalable
- Responsible leadership

Listening Relationships.

• Courage Vulnerability motivate
Inspiration Passion mobilise

• Authenticity Collaborative

Servant leadership • VISION

• OPEN wholeness

Purpose • Systemic

Responsibility Self-awareness

Reflective Responsive

• Adaptive • Empowering paradigm

Coaching • Holding Space

Anticipatory • Grounded. ^{Facilitative}

Shit show! Existing/surviving

need for change/new paradigms

Disempowerment/lack of agency.

Scarcity → competition

collaboration

GLOBAL CRISIS. IGNORANCE

power structures
falling

- Regression to
↓ impulse leadership

Atomisation/Polarisation

Building Awareness
Responding to Crisis
Being Courageous.

Modelling } Bridge-building
Activate ^(higher) potential }

Working in the Gap → holding space.

Motivating the will

Accountability/Responsibility

To lead from the heart

To connect people back to self/other/nature

To work systemically & holistically

To enable ind. & collective transformation

	Inner	Outer
Individual (I)		✓
Collective (w)		

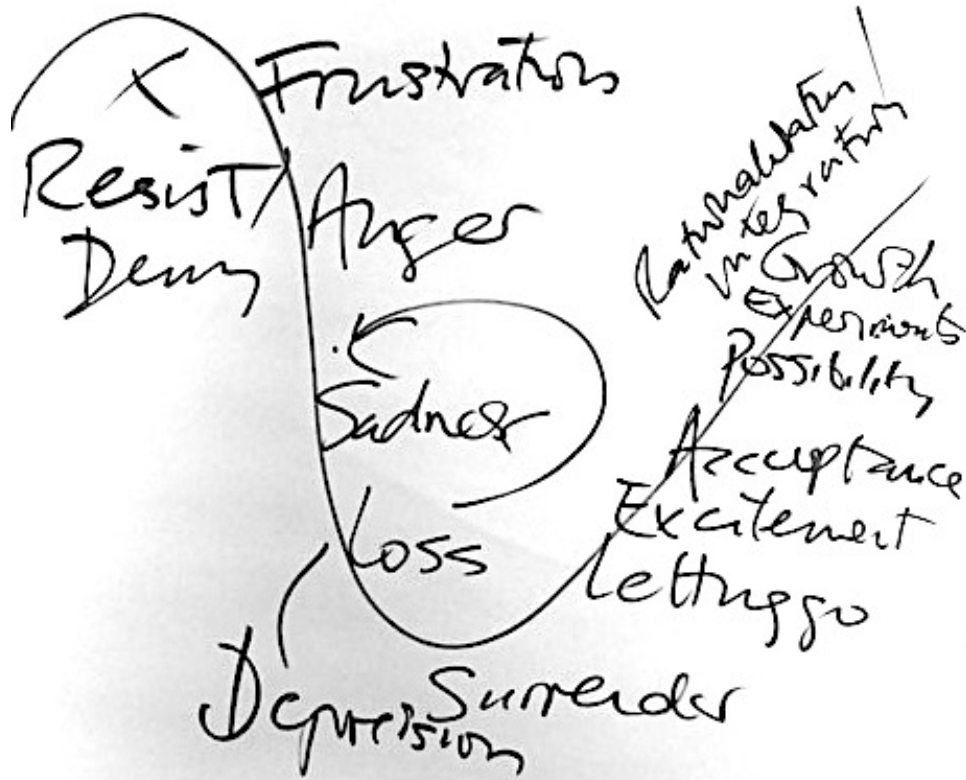
Change.

What was the Story

* What were/are you feeling

* What Sense do you make of it

Pattern of change



Change

- Lost
- Fear + Excitement
- Uncertainty - anxiety
- Anticipation
- Frustration
- Anger
- Guilt
- Weary
- Sadness/grief
- Madness
- Supported
- Loss
- Shock
- Unreality
- Relief
- Gratitude
- Tingly
- Resolve