

First Annual Psychosynthesis Coaching Symposium

Wednesday 14th November 2018





Welcome!





Symposium Context

- Opportunity for psychosynthesis coaches from different training backgrounds to connect with the wider psychosynthesis coaching community
- Opportunity for leadership coaches new to psychosynthesis to get a taste for this psychospiritual approach
- Theme of bringing together leading-edge coaching approaches which are synthesised within the integrative psychology of psychosynthesis
 - including systemic, somatic, developmental and mindfulness coaching
- Wider context of making a powerful contribution in the leadership and organisational world



PGCPLC graduates

5DL coaching graduates

IIPE partners

IoP counsellors and therapists

IoP MA coaching graduates

Trust and other psychosynthesis graduates

Other leadership coaches

APECS members

Friends and colleagues



Agenda

- Psychospiritual Coaching Roger Evans will speak about his evolving model of Trifocal Vision, core to psychosynthesis coaching
- Coaching in a VUCA World Keith Silvester and Heather Wignall will explore these four aspects (volatility, uncertainty, complexity and ambiguity) both experientially and theoretically
- Systemic Coaching and Constellations an opportunity to experience the transformative potency of this method both as coach and coachee, with Ruth Rochelle
- Mindfulness: Self-care for Coaches An experiential session attending to self-care as well as care between coach and client with Keith Hackwood
- Somatic Coaching The Body Speaks deepening somatic connection in service of the client and emergent intelligence, with <u>Harriet Hanmer</u> and <u>Laira Gold</u>
- ❖ Developmental Thinking for Coaching <u>Aubyn Howard</u> will lead a session on seeing evolutionary as a place to come from rather than a place to get to...
- Neuropsychology for Coaching Is neuroscience telling us anything new? How do we reconcile scientific and psycho-spiritual perspectives? <u>Aubyn Howard</u>



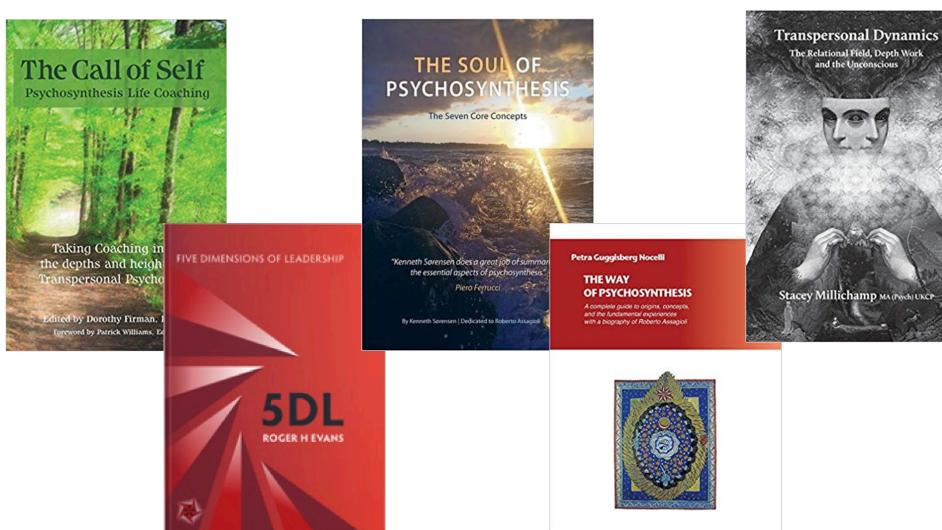
Your orientation for today

- Your objectives for the day
 - > 1
 - > 2
 - > 3
- Your hopes and expectations?
- Any concerns or fears?

Say hello and share with the person(s) next to you



Psychosynthesis is flourishing





Psychosynthesis as an integrative psychology for coaching...

