



## **Racial Justice and Inclusion in Coaching**

### **A deep exploration for coaches**

**Psychosynthesis Trust, London 22<sup>nd</sup> June 2023 1000-1700**

*In May 2022, Paul Elliott and Nana-Efua Lawson jointly ran an exploratory half day workshop on the issue of Racial Justice and Equity in Coaching. Following on from this Paul Elliott with Dr Saiyyidah Zaidi are now facilitating a follow up full day workshop to explore the issue in more depth.*

*In the May 2022 workshop, we were informed by and worked with the Manifesto for Racial Justice and Equity in Coaching written by Charmaine Roche and Jonathan Passmore in October 2021. An updated version of the report with further research has now been published in 2023 by the same authors entitled "We don't see Colour: How executive coaching can help leaders to create inclusive cultures by acknowledging structural racism."*

*In this workshop we will once again hold a psychosynthetic context for the discussion, exploring our individual perspectives and experience. We will explore some of the barriers and resistance to this work and provide guidance and methods of how to help coaching clients with a range of ethnic heritages to thrive in cultures that are colourblind and therefore systemically racist. We will contextually frame this work in the broader issue of diversity, inclusion and belonging in coaching and will call on and work with the experiences of participants and provide a safe inclusive space for a broad range of people.*

### **Details of the Course**

**Facilitators:** *Paul Elliott, Co-founder and Director of Psychosynthesis Coaching Limited and Dr Saiyyidah Zaidi, Leadership Coach and Founding Convenor and Conversation Architect at the Centre for Belonging and Understanding.*

**Date:** *Thursday 22<sup>nd</sup> June 2023 1000-1700*

**Venue:** *Psychosynthesis Trust, 94 Tooley street, London SE1 2TH*

**Cost:** *£175 plus VAT*

**Application:**

<https://www.psychosynthesiscoaching.co.uk/racial-justice-and-inclusion-in-coaching-workshop/>

## **Biographies of workshop facilitators**



**Paul Elliott** is the co-founder (with Aubyn Howard) of Psychosynthesis Coaching Limited. MA in Applied Psychosynthesis, BTech (Applied Physics). Paul had a successful career in manufacturing over 28 years and held senior leadership positions in The Hawker Siddeley Group, Ebac Limited and Rolls-Royce plc. In 2003 he pursued an independent consulting and coaching career and studied at the Institute of Psychosynthesis from 2003 to 2007. He developed a successful Consultancy and Leadership Coaching Practice in a variety of leading business organisations and charities. In 2015, Paul and Aubyn led the first 5-month postgraduate programme in Psychosynthesis Leadership Coaching. They have continued and extended their range of programmes and short courses and now have an extended team of supporting practitioners.



**Dr. Saiyyidah Zaidi** is an architect, turned local government project director, turned leadership coach and facilitator. Saiyyidah is known for her compassionate, creative, curious challenge. She works with individuals, teams, and organisations to help them make better decisions by deepening trust, having difficult conversations, and unlocking the wisdom within. Saiyyidah's work in self and system leadership, using conversation as a methodology, and her ability to create impact from the conference room to the coffee shop creates ripples! Saiyyidah trained to become a coach with Meyler Campbell, where she then became a Tutor and Faculty Member. Prior to this Saiyyidah had a successful career in local government directing a multi-disciplinary public and private sector team, and as an Architect in private practice. Her love of learning is demonstrated by the fact she has six degrees and a range of coaching certifications including NLP, High Performance Coaching, and Psychosynthesis Coaching with PCL.