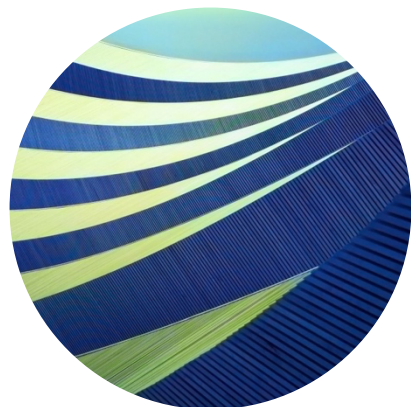




# The Embodied Supervisor Training

## With Anne Welsh

*EMCC ESIA\* accreditation programme details for 2023-24*



## INTRODUCTION

This unique Supervisor Training is informed and supported by conscious relations and a humanistic psychosynthesis context. The programme is led by **Anne Welsh** who has over 30 years' experience in this field. She will be joined by guest facilitators at each session.

Psychosynthesis Coaching Limited, who are supporting this exciting new context for Supervision Training have been providing Leadership Coach Training for 8 years, both on-line and face to face in London. The programs are Accredited by EMCC and include a route to a PGCert or MA with Middlesex University in partnership with the Institute of Psychosynthesis.

## WHAT – THE STRUCTURE

The training is both didactic and experiential and addresses the evidence base for best practice supervision.

- Facilitated reflective learning over 6 Months, October 2023 to March 2024. 10am – 4pm for 6 Learning Days.
- Creating and Facilitating a Personal Supervision Group. 6 Reflective Practice papers. Reflection Paper on completion with personal philosophy as a Supervisor.
- 120 Hours Supervision Practice required for EMCC Accreditation (may involve on – going and countback hours). Practice supervision opportunities (group or individual) can be provided by PCL in some cases.
- TOTAL FEE FOR GRADUATION: £2,500 + VAT. This includes Training Days, Papers Read and Feedback, Support to Achieve EMCC Accreditation. Individual Mentor Coaching Sessions are available at reduced fees (if requested).
- On meeting all requirements Graduation takes place in April 2024.
- \* NB: This first programme is in the process of EISA accreditation with EMCC.

## WHEN AND WHERE

Monday 16 October 2023, 13 November, 11 December, 15 January 2024, 19 February, 11 March. 6 days, 1 day a month. 10am – 4pm each training day. All On-line.

## WHO SHOULD ATTEND?

- Psychotherapists, Executive and Leadership Coaches
- HR & OD Professionals and Management Consultants
- Public and Private Sector Leaders who supervise teams of professionals.

Entry requirements:

- Minimum of 5 years' experience in a relevant professional field.
- Introductory Application Paper (form on request from Anne)
- Interview with Anne Welsh

To make an application, contact Anne Welsh: [Info@synthesis-in-the-city.com](mailto:Info@synthesis-in-the-city.com)

## THE EMBODIED SUPERVISION TRAINING – six workshops



**FACULTY LEADER:** Anne Welsh. MA in Creative Supervision. Accredited Trainer & Supervisor with EMCC and APECS.

### **VISITING FACULTY:**

Session 1 and 6: Aubyn Howard, MA, MSc

Session 2: Dr Martin Egan.

Session 3: Debbie Friedman. M.A.

Session 4: Dr Sally Bonneywell.

Session 5: Heather Mullin. M.A.

### **CONTENT SUMMARY**

The training will be both Didactic and Experiential. Importantly it will take into account the Pedagogic needs of the students learning styles. It will address the evidence base for Best Practice Supervision. Introduction to the basic model of Psychosynthesis as a Context for Leadership, Coaching and Supervision. It will be underpinned by the model of Conscious Relations as an important way of being for today's world where greater Self Awareness, Social and Systems Intelligence are vital. Awareness of our individual impact on others. It will explore 'Setting Up a Group' from a Psychodynamic Perspective alongside the Ethics and Principles in Being a Coach for others. It will offer the opportunity for rich learning from both Facilitators and Peers.

## PCL - continuing professional support for you as a coach or supervisor.

PCL provides the support you need for your career in coaching and supervision, including:

Setting up and building your practice

- Monthly Business Connect Forum
- Coach Directory on our website

Continuing Personal and Professional Development

- CPPD courses and events
- Annual symposiums

Continuing Supervision

- Group or individual supervision
- Supervision training for experienced coaches

Community Support

- Podia community portal
- Monthly community forums



Contact PCL: <https://www.psychosynthesiscoaching.co.uk/contact/>

## Why the EMCC?

- Global organisation with European foundations, more than 10,000 members in 86 countries
- Widely recognised equivalents for three levels of accreditation – Practitioner, Senior Practitioner, Master Coach
- EMCC's holistic and psychological approach to accreditation emphasises quality training and personal development
- Leading the initiative for self-regulation of the coaching profession, signatory to the Professional Charter July 2022 and the Global Code of Ethics.  
<https://www.emccglobal.org>

### The EMCC Supervision Competence Framework:

1. Manages the Supervision Contract and Process
2. Facilitates Development
3. Provides Support
4. Promotes Professional Standards
5. Self-Awareness
6. Relational Awareness
7. Systemic Awareness
8. Facilitates Group Supervision



**Anne Welsh** Anne Welsh has worked in the field of personal and professional development for over 30 years. Initially she trained in psychology and practiced as a psychotherapist. Alongside this practice she was operations director of a psychological training and development institute, training people in coaching, psychotherapy and counselling. In the last 10 years, she has specialised in executive coaching and worked with clients across the globe. Since 2010 Anne has been training and supervising employees at GlaxoSmithKline in Job-Plus Coaching. She is also currently training in-house coaches for the House of Commons in the UK. Anne is an APECS Accredited Master Executive Coach, EMCC Senior Practitioner and a EMCC EISA coach supervisor.

Contact Anne Welsh: [Info@synthesis-in-the-city.com](mailto:Info@synthesis-in-the-city.com)